

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																					
<p>9:30  <b>Catholic Worship Service on Line [Chp]</b> <b>1</b></p> <p>10:30  Exercise- Stronger Seniors [Act]</p> <p>11:00  Come Play "UNO" [Atr]</p> <p>2:00  <b>Prestonwood Church Service on Line [Act]</b></p> <p>3:30  Table Games [Act]</p>	<p>9:00  Sunshine Walkers Club <b>2</b></p> <p>10:30  <b>Sit and Be Fit [Act]</b></p> <p>11:00  <b>Aroma Therapy Meditation [Act]</b></p> <p>2:00  Mexican Train - Dominoes</p> <p>2:00  <b>POKER CLUB [GR]</b></p> <p>3:00  Afternoon Chair Yoga W/Martha [Act]</p> <p>3:30  <b>Afternoon Daily Brain Teasers, Puzzles and Coloring Pages [Act]</b></p>	<p>9:00  Sunshine Walkers Club <b>3</b></p> <p>10:30  <b>Sit and Be Fit [Act]</b></p> <p>11:00  <b>BOOK CLUB [Act]</b></p> <p>2:30  <b>Art &amp; Craft Beginners Class [Atr]</b></p> <p>4:00  Snacks on Wheels</p>	<p>9:00  <b>Sunshine Walkers Club [MIL]</b> <b>4</b></p> <p>10:30  Sit &amp; Be Fit Exercise- Act Rm</p> <p>11:30  Coloring Class [Act]</p> <p>2:00  BINGO [Act]</p> <p>3:00  Afternoon Chair Yoga w/ Martha [Act]</p> <p>4:00  Wine &amp; Trivia Social [Atr]</p> <p>6:00  <b>Table Board Games [Act]</b></p>	<p><b>National Donut Day</b> <b>5</b></p> <p>9:00  Sunshine Walkers Club [MIL]</p> <p>10:30  Sit and Be Fit [Act]</p> <p>11:00  <b>BIBLE STUDY</b>   W/ Doc Chrisman [Chp]</p> <p>2:00  <b>DOMINOES ONE ON ONE [Act]</b></p> <p>3:00  Matinee (Movie) [Act]</p> <p>6:30  <b>Solstice Men "Fun Pool Tournament" [GR]</b></p>	<p>9:00  <b>Sunshine Walkers Club</b> <b>6</b></p> <p>10:30  <b>Sit and Be Fit [MIL]</b></p> <p>11:00  Catholic Rosary [Chp]</p> <p>11:00  place Your Walmart Order w/Lisa [Act]</p> <p>2:00  <b>Bingo- Act Rm [Act]</b></p> <p>3:30  <b>Grace Home Health Wine Social and the great voice of Norris Perry "Everyone is Invited" [Atr]</b></p> <p>6:30  Walk Around the Community "Social Distancing" Recommended [Crt]</p>	<p>9:00  Exercise can beat Arthritis [Act] <b>7</b></p> <p>11:00  How to place your Walmart order on line class with Lisa [Act]</p> <p>2:00  Candy Bingo- "Everyone is Welcome" [Act]</p> <p>3:30  Movie &amp; Popcorn- Resident Choice [Thr]</p> <p>3:30  Scrapbook Your Memories w/ Lisa [Act]</p>																					
<p>9:30  <b>Catholic Worship Service on Line [Chp]</b> <b>8</b></p> <p>10:30  Exercise- Stronger Seniors [Act]</p> <p>11:00  Come Play "UNO" [Atr]</p> <p>2:00  <b>Prestonwood Church Service on Line [Act]</b></p> <p>3:30  Table Games [Act]</p>	<p>9:00  Sunshine Walkers Club <b>9</b></p> <p>10:30  <b>Sit and Be Fit [Act]</b></p> <p>11:00  Aroma Therapy Meditation</p> <p>2:00  Mexican Train - Dominoes</p> <p>2:00  <b>POKER CLUB [GR]</b></p>	<p>9:00  Sunshine Walkers Club <b>10</b></p> <p>10:30  Sit and Be Fit [Act]</p> <p>11:00  <b>BOOK CLUB [Act]</b></p> <p>2:30  <b>Art &amp; Craft Beginners Class [Atr]</b></p> <p>4:00  Snacks on Wheels</p>	<p>9:00  <b>Sunshine Walkers Club [MIL]</b> <b>11</b></p> <p>10:30  Sit and Be Fit [Act]</p> <p>2:00  BINGO [Act]</p> <p>2:00  <b>Veterans Day Celebration w/music by Dave Eagleton and a special presentation by the American Legion</b></p> <p>4:00  Wine &amp; Trivia Social [Atr]</p>	<p>9:00  Sunshine Walkers Club [MIL] <b>12</b></p> <p>10:30  Sit and Be Fit [Act]</p> <p>11:00  <b>BIBLE STUDY</b>   w/Doc Chrisman [Chp]</p> <p>2:00  <b>DOMINOES ONE ON ONE [Act]</b></p> <p>3:00  Matinee (Movie) [Act]</p> <p>6:30  Solstice Men "Fun Pool Tournament" [GR]</p>	<p>9:00  <b>Sunshine Walkers Club</b> <b>13</b></p> <p>10:30  <b>Sit and Be Fit [MIL]</b></p> <p>11:00  Catholic Rosary [Chp]</p> <p>11:00  place Your Walmart Order w/Lisa [Act]</p> <p>2:00  <b>Bingo- Act Rm [Act]</b></p> <p>3:30  <b>New Residents "Welcome Party" [Act]</b></p>	<p>9:00  Exercise can beat Arthritis [Act] <b>14</b></p> <p>11:00  Cooking w/Lisa [Act]</p> <p>2:00  Candy Bingo- "Everyone is Welcome" [Act]</p> <p>3:30  Movie &amp; Popcorn- Resident Choice [Thr]</p>																					
<p>9:30  <b>Catholic Worship Service on Line [Chp]</b> <b>15</b></p> <p>10:30  Exercise- Stronger Seniors [Act]</p> <p>11:00  Come Play "UNO" [Atr]</p> <p>2:00  <b>Prestonwood Church Service on Line [Act]</b></p> <p>3:30  Table Games [Act]</p>	<p>9:00  Sunshine Walkers Club <b>16</b></p> <p>10:30  <b>Sit and Be Fit [Act]</b></p> <p>11:00  Aroma Therapy Meditation [Act]</p> <p>2:00  Mexican Train - Dominoes</p> <p>2:00  <b>POKER CLUB [GR]</b></p>	<p>9:00  Sunshine Walkers Club <b>17</b></p> <p>10:30  Sit and Be Fit [Act]</p> <p>11:00  <b>BOOK CLUB [Act]</b></p> <p>2:30  <b>Art &amp; Craft one on one [Act]</b></p>	<p>9:00  <b>Sunshine Walkers Club [MIL]</b> <b>18</b></p> <p>10:30  Sit &amp; Be Fit Exercise- Act Rm</p> <p>11:30  Coloring Class [Act]</p> <p>2:00  BINGO [Act]</p> <p>3:30  <b>Birthday Party with Grace Home Health "Everyone is Invited" [Act]</b></p>	<p><b>GOLD KEY EVENT</b> <b>19</b></p> <p>9:00  Sunshine Walkers Club [MIL]</p> <p>10:30  Sit and Be Fit [Act]</p> <p>2:00  <b>DOMINOES ONE ON ONE [Act]</b></p> <p>3:00  Matinee (Movie) [Act]</p> <p>6:30  Solstice Men "Fun Pool Tournament" [GR]</p>	<p>9:00  Podiatrist <b>20</b></p> <p>9:00  <b>Sunshine Walkers Club</b></p> <p>10:30  <b>Sit and Be Fit [MIL]</b></p> <p>11:00  Catholic Rosary [Chp]</p> <p>11:00  place Your Walmart Order w/Lisa [Act]</p> <p>2:00  <b>Bingo- Act Rm [Act]</b></p> <p>3:30  <b>"Friends-giving" Social! w/ great music and lot of surprises Join the fun [Act]</b></p>	<p>9:00  Exercise can beat Arthritis [Act] <b>21</b></p> <p>10:00  Donuts and Coffee [Act]</p> <p>11:00  Nail Polish w/Lisa [Act]</p> <p>2:00  Candy Bingo- "Everyone is Welcome" [Act]</p> <p>3:30  Movie &amp; Popcorn- Resident Choice [Thr]</p>																					
<p>9:30  <b>Catholic Worship Service [Chp]</b> <b>22</b></p> <p>10:30  Exercise- Stronger Seniors [Act]</p> <p>11:00  <b>Thankful Thanksgiving Luncheon w/Martha [Act]</b></p> <p>2:00  <b>Prestonwood Church Service on Line [Act]</b></p> <p>3:30  Table Games [Act]</p>	<p>9:00  Sunshine Walkers Club <b>23</b></p> <p>10:30  <b>Sit and Be Fit [Act]</b></p> <p>11:00  Aroma Therapy Meditation [Act]</p> <p>2:00  Mexican Train - Dominoes</p> <p>2:00  <b>POKER CLUB [GR]</b></p> <p>3:30  Exercise- Stronger Seniors [Act]</p>	<p>9:00  Sunshine Walkers Club <b>24</b></p> <p>10:30  Sit and Be Fit [Act]</p> <p>11:00  <b>BOOK CLUB [Act]</b></p> <p>2:30  <b>Art &amp; Craft Beginners Class [Atr]</b></p> <p>4:00  Snacks on Wheels</p>	<p>9:00  <b>Sunshine Walkers Club [MIL]</b> <b>25</b></p> <p>10:30  Sit &amp; Be Fit Exercise- Act Rm</p> <p>11:30  Coloring Class [Act]</p> <p>2:00  BINGO [Act]</p> <p>4:00  Wine &amp; Trivia Social [Atr]</p>	<p><b>HAPPY THANKSGIVING</b> <b>26</b></p> <p>9:00  Sunshine Walkers Club [MIL]</p> <p>10:30  Sit and Be Fit [Act]</p> <p>2:00  <b>DOMINOES ONE ON ONE [Act]</b></p> <p>3:00  Matinee (Movie) [Act]</p> <p>6:30  Solstice Men "Fun Pool Tournament" [GR]</p>	<p>9:00  <b>Sunshine Walkers Club</b> <b>27</b></p> <p>10:30  <b>Sit and Be Fit [MIL]</b></p> <p>11:00  Catholic Rosary [Chp]</p> <p>11:00  place Your Walmart Order w/Lisa [Act]</p> <p>2:00  <b>Bingo- Act Rm [Act]</b></p> <p>4:00  <b>BYOB SOCIAL [Atr]</b></p>	<p>9:00  Exercise can beat Arthritis [Act] <b>28</b></p> <p>11:00  Decorating cupcakes w/ Lisa [Act]</p> <p>2:00  Candy Bingo- "Everyone is Welcome" [Act]</p> <p>3:30  Movie &amp; Popcorn- Resident Choice [Thr]</p>																					
<p>9:30  <b>Catholic Worship Service [Chp]</b> <b>29</b></p> <p>10:30  Exercise- Stronger Seniors [Act]</p> <p>11:00  Come Play "UNO" [Atr]</p> <p>2:00  <b>Prestonwood Church Service [Act]</b></p> <p>3:30  Table Games [Act]</p>	<p><b>Putting up the Christmas tree.</b> <b>30</b></p> <p>9:00  Sunshine Walkers Club</p> <p>2:00  Mexican Train - Dominoes</p> <p>2:00  <b>POKER CLUB [GR]</b></p> <p>3:30  Exercise- Stronger Seniors [Act]</p>	<div style="display: flex; align-items: center; justify-content: center;"> <div style="text-align: center;"> <p>1940 West Spring Creek Parkway Plano, TX 75023 972-517-1977</p> </div> <div style="margin-left: 20px;"> <p><b>Location Keys</b></p> <table style="font-size: small;"> <tr> <td></td> <td>Be Challenged</td> <td>Act</td> </tr> <tr> <td></td> <td>Be Connected</td> <td>Atr</td> </tr> <tr> <td></td> <td>Be Family</td> <td>Chp</td> </tr> <tr> <td></td> <td>Be Inspired</td> <td>Crt</td> </tr> <tr> <td></td> <td>Be Social</td> <td>GR</td> </tr> <tr> <td></td> <td>Be Well</td> <td>MIL</td> </tr> <tr> <td></td> <td></td> <td>Thr</td> </tr> </table> </div> </div>						Be Challenged	Act		Be Connected	Atr		Be Family	Chp		Be Inspired	Crt		Be Social	GR		Be Well	MIL			Thr
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